## ABSTRACT OF THE DISCLOSURE

A method and apparatus for alleviating or curing human afflictions, ailments and diseases holistically by application of magnetism. A north pole surface of a magnet is applied to a portion of the trunk, about 559 square inches, of a person being treated, and is maintained in contact for a time period or periods in accordance with total flux applied for the afflictions or ailments being treated. The magnet is maintained in contact for a time period or periods sufficient to elicit holistic effect of alleviation or cure and to detect ailments and cure in progress or a balanced treatment point. Magnet is being configurated to accommodate the area being treated and having appropriate total flux.